

The Grateful Thread

February 2009
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Visit our website at www.fromtheheartstitchers.com/

Letter from Lois

During February, such a short month but oh so cold, we will concentrate on small, quickly made items for children.

Children Incorporated and Norton Community Services in Wise County, VA, each serving children in the economically needy areas throughout the Appalachian Mountain areas, as well as The Frank Foundation, helping children in Russian orphanages, are in need of warm hats, scarves, mittens, socks, sweaters, jackets...anything you are comfortable making.

Get your items to the shop by March 1 so they can be delivered to begin warming shivering children.



Special Olympics

From the Heart volunteers gather at Buford Road Pharmacy to hand employees scarves for the Special Olympics. Sarah Mills (from front left) Carol Fleeger, Stuart Adams, Kathleen Vanpaasschen, a helpful customer, Laurie Morris, Judy Johnson, Lois Moore, Mary Ann West, Pat Allen and Sue Fowlkes.

Visit the new calendar of monthly meetings on our web site. Locations are included in a comprehensive listing by address.

When is the last time you sat, stitched and enjoyed the camaraderie at the shop?

Kathleen Vanpaasschen is the Feb. scheduler. Contact her at 804/320-5279 and imfkvp@netzero.com to volunteer for a shift.

Workalongs Are Set

Mark your calendars for 2 p.m. Sundays February 8 and 15 and March 8 and 15. In four sessions **crocheters** will learn how to make a sassy beret and a baby hat. Join Eleanor Cannon at the shop. For the first session, select a J hook and about 3 oz. chenille. For the remaining sessions, select 1 skein Baby Soft and

an H hook.

Knitters will learn the Magic Loop technique and make mittens and socks. Join Lois Moore at the shop. For the sessions, use worsted yarn and bring US #6 or #7 circular needles with a flexible cable that is a minimum of 29".

Visit From the Heart 1114 Westbriar Drive

New Camera

A work of art just walked in the door. What do you do? Snap a photo of course! A picture of the donor and their generous gift is worth a thousand words. Capture the moment with the camera we now have in the Shop. It is in the filing cabinet in the workroom, second drawer from the top. Get the donor's name and have them sign the release form filed in the same drawer.

Exceptional Metro & Web Resources

www.Ravelry.com is an interactive community for knitters and crocheters that is a clutter buster's dream! It has organizing tools to inventory everything from needles and hooks to stashes. Photos show finished projects as well as

those in the works. Here's how FTH volunteer Jackie Provau describes it. "You can use it to search for patterns both free and purchasable. Look up information on yarns. Queue projects you like for the future." For local classes, check out the following web sites

<http://www.knittingbasket.biz/>
<http://www.lettuceknitchmond.com/http://www.theyarnlounge.com/http://www.benfranklinstores.com/http://www.joann.com/joann/http://direct.where2getit.com/cwc/apps/w2gi.php?template=search&client=michaels>