

The Grateful Thread

Visit our website at www.fromtheheartstitchers.org

Letter from Lois

I continue to hear great things from recipient groups regarding our projects. It's obvious how hard you are each working as during 2009 we have averaged donating over 1,000 items each month. My hat is off to all of you! What incredible numbers!

In July you created almost 250 adult hats, 230 baby and little kid hats as well as close to 200 blankets for those patients.

Even the shelter animals have benefitted by our offerings of approximately 50 snuggly crate pads this month. Isn't it amazing how each person, chipping in whatever they can manage to create, combining their projects with those of other members can add up to such wonderful benefits to so many?

I am so proud of being a part of this group and am sure there is not another organization as dedicated to not only creating smiles on the faces of sick folks but contributing to the well being and comradely atmosphere among its members.

Thank you so much for all you are able to do!

Lois

Urgent Needs:

Our current urgent need is Chemo hats and blankets. Remember that for the chemo hats we need sizes and colors for men, women, and children. Everyone loves to make the hats for women; however we do need them for men and children as well.

Are you a shopkeeper?

Are you on our list of shopkeepers? We have a need for volunteers to help tend the shop. If you have 2 hours that you can come to the shop to greet and meet ladies who visit the shop, we need your help. A fun, enjoyable time is guaranteed. Please send in your email address so you can be updated with the schedule. If you can sign up, great! (ragsland @ aol.com) (Gail Patrick 804-598-2317 or 804-347-9747©) If you have any questions, feel free to get in touch with me.

4th Annual Retreat

It will not be long now until it is time for our 4th Annual Retreat. Have you registered yet? Don't forget to register for the retreat by September 1st. Hope to see you there!

Northern Neck Family Center

We continue to collect newborn items for Fall delivery to the new-to-open Northern Neck Family Center being established by Rappahannock Westminister Canterbury in December 2009. Individual hats and blankets or complete layette sets will be greatly appreciated by them.

Donations Needed

Summer is a very busy time for many of us with children out of school and family obligations. Wondering how you can help us if you do not have time right now to knit or crochet? We are always in need of yarn donations in Acrylic yarns – preferably in light bright colors. Other items we could use: stamps, envelopes and copy paper. As always we appreciate anything you are able to do.

Stop by the Shop

When is the last time you sat, stitched and enjoyed the camaraderie at the shop?

Eleanor Cannon is the August Scheduler. Contact her at 804/282-0440 or 804/514-1168 or e-cannon@msn.com to volunteer for a shift.

Donation Inventory Numbers

Previous Total

Mid 2002 – 2008: **55,979**

2009

Jan-June	<u>7,471</u>
July	<u>946</u>

Grand Total 63,450

July Member Meeting

Our afternoon member meeting was a success on Sunday July 27th. Each attendee introduced themselves and told a little of their background with FTH. Discussions involving duties at the shop were brought up and members were encouraged to pick a spot where their expertise could be of benefit to our operation.

We are still short handed in the areas of scheduling and shop keeping. Volunteers are needed to help with the 2 hours shifts, those 10 – 12 a.m. and 12 to 2 p.m. spots. While spending your time there you not only meet new friends but can participate in either helping new members learn to stitch, help current members learn new stitches or methods or you just might pick up new tips yourself!

Our newsletter committee continues to search for members willing to contribute information or articles for publication each month. Maybe you have an interesting pattern that can be shared without infringing on copy write rules.

At our meeting members were reminded of our communications mail folders located in the work room. Folks were encouraged to leave notes with messages, questions or concerns in the folder of board members so topics can be handled properly.

The situation was brought up regarding welcoming of young children at the shop and it was unanimously voted that members are encouraged to bring their children or grandchildren with them when they visit.

Wednesday hours at the shop

Several months ago the question of once again opening the shop from 10 a.m. until 2 p.m. on Wednesdays was brought up. At that time the matter seemed to be agreeable to most everyone but was tabled until now. Again we are looking into this and would greatly appreciate your input. We will be posting a sheet at the shop and would love for you to vote yes or no. Your opinion is valuable so if you will, please help us out with this one.

From the Heart Newsletter

Aug 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Atlee Library 1-3:00 p.m. Starbucks Oxbridge Square 10 – noon
2	3 Buford Rd Pharmacy 6:30-8:30 pm Episcopal Church of Our Savior 10 - noon Park @ Ridgedale 2-4	4 Panera Bread Breckenridge Shop Ctr 10 a.m. – noon	5 The Virginian Retirement Center 2 – 3 p.m.	6 The Mall Group @ Chesterfield Towne Center (food court) 9 – noon Panera Bread 6:30-8:00 pm	7 Starbucks – Huguenot 11 am 1:30 pm	8 Louisa Group Louisa Library 10 - noon
9 Fun Day 2 – 5 p.m.	10 Episcopal Church of Our Savior 10 – noon Park @ Ridgedale 2-4	11	12 The Virginian Retirement Center 2 – 3 p.m.	13 The Ladies of Gayton Terrace 3:30 p.m. Chamberlayne Hts United Meth Church 1:30 – 3 p.m.	14 Starbucks - Huguenot 11 am 1:30 pm Kay Berrey Group 2-6 pm	15 Starbucks Oxbridge Square 10 – noon
16	17 Atlee Library 6:30-8:30 pm Buford Rd Pharmacy 6:30-8:30 pm Episcopal Church of Our Savior 10 – noon Park @ Ridgedale 2-4	18 Panera Bread Breckenridge Shop Ctr 10 a.m. – noon Tuckahoe Library 6:30 p.m.	19 The Virginian Retirement Center 2 – 3 p.m.	20 The Mall Group @ Chesterfield Towne Center (food court) 9 – noon Panera Bread 6:30-8:00 pm	21 Starbucks - Huguenot 11 am 1:30 pm	22
23 Fun Day 2 – 5 p.m.	24 Episcopal Church of Our Savior 10 - noon Park @ Ridgedale 2-4	25 Louisa Group Hardees 7 p.m. Summerhill Retirement 1:30 pm	26 The Virginian Retirement Center 2 – 3 p.m.	27 The Ladies of Gayton Terrace 3:30 p.m.	28 Starbucks - Huguenot 11 am 1:30 pm Kay Berrey Group 2-6 pm	29
30	31 Park @ Ridgedale 2-4					

Aug 2009

Name	Address	City	Day of Month	Time of Day
Atlee Library	9161 Atlee Rd	Mechanicsville	Saturday 1st	1-3 pm
Atlee Library	9161 Atlee Rd	Mechanicsville	Monday 3rd	6:30-8:30 pm
Buford Road Pharmacy	2608 Buford Road	Richmond	Mondays 1st, 3rd	6:30-8:30 pm
Chamberlayne Hgts Methodist Church	6100 Chamberlayne Rd	Richmond	Thursday 2nd	1:30-3 pm
Colonial Heights Senior Ctr	157 Roanoke Avenue	Colonial Heights	Wednesday Every	10 am-noon
Episcopal Church of our Saviour	4000 Stigall Drive	Richmond	Monday Every	10 am-noon
From the Heart	1114 Westbriar Drive	Henrico	Tuesday every	10 am-2 pm
From the Heart	1114 Westbriar Drive	Henrico	Thursday every	10 am-2 pm
From the Heart	1114 Westbriar Drive	Henrico	Saturday every	10 am-2 pm
Hardees	413 East Main St	Louisa	Tuesday 4th	7-9pm
Kay Berry		Powhatan	Friday 2nd, 4th	2-6 pm
Louisa Library	881 Jeff Davis Hwy	Louisa	Saturday 2nd	10 am-noon
Panera Bread	12540 Jeff Davis Hwy	Chester	Tuesday 1st, 3rd	10 am-noon
Mall Group	Chesterfield Town Center	Midlothian	Thursday 1st, 3rd	9 am-noon
Panera Bread	11649 Midlothian Tnpk	Midlothian	Thursday 1st, 3rd	6:30-8:30 pm
Park at Ridgedale	5001 Ridgedale Pkwy	Richmond	Monday Every	2-4 pm
Starbucks	5001 Huguenot Rd	Richmond	Friday Every	11 am-1:30 pm
Starbucks	10009 Hull Street Rd	Richmond	Saturday 1st, 3rd	10 am-noon
Summerhill Retirement Ctr	3158 Lake Village Drive	Richmond	Tuesday Last	1:30-3:30pm
The Ladies of Gayton Terrace		Richmond	Thursday 2nd, 4th	3:30 pm
The Virginian Retirement Ctr	300 Twinridge Lane	Richmond	Wednesday Every	2-3 pm
Tuckahoe Library	1700 Parham Rd	Henrico	Tuesday 3rd	6:30-8:30 pm