

# The Grateful Thread

Visit our website at [www.fromtheheartstitchers.org](http://www.fromtheheartstitchers.org)

## Letter from Lois

### Our Unsung Heroes

We have 5 dedicated From the Heart members who arrive at the shop very early every Monday morning, sometimes as early as 8:30 a.m. These ladies have taken responsibility at the shop to keep yarn stocked as well as sorting for delivery the many items donated to From the Heart.

Alice and Sandy restock yarn cubbies by yarn fiber and thickness of yarn as well as straighten and sometimes rewind ends of skeins already in the cubbies. They wind leftovers into nice, neat balls and sometimes even put some of these into blanket or hat kits, hoping they will be chosen quickly and stitched into useful items to be sent on their way to some appreciative recipient. Linda, Pat and Joan arrive with an equally large job facing them. They are in charge of going through all the collection bins in the work room, sorting donations as to size for children and adults, counting out all the items into stacks ready for distribution. Next they go through the long list of recipients and decide just how to divide up those piles of items. Who got how many hats last Monday and what about that urgent call we received a few days ago...do we have enough to share with a new location...

Once decisions are made on how to divide the donations, the items are counted out and listed in their proper category on the inventory sheet. As those very large, clear bags are filled to their tops, tags listing the destination and contents of each bag are added.

## The Stitch-For-Baby Project!

On Tuesday, October 5, 2010, we lost a very special knitter, Donna Wolverton, to cancer. For this reason our shop was closed Saturday, October 9, 2010. Her service was held that day at 2 p.m. at Shady Grove United Methodist Church, Mechanicsville with interment at Signal Hill.

Donna had been with From the Heart since the very early days. She especially enjoyed knitting beautiful baby blankets as well as chemo hats. Her family has requested, in lieu of flowers, memorial contributions be made to From the Heart. In Donna's honor we are sponsoring a Stitch-For-Baby project. We will supply the nice baby yarn and patterns, you supply the stitches.

Stop by the shop soon to pick up supplies and let's honor Donna's memory with all we can accomplish in her name.

If you would like to send cards of condolence the mailing address for her husband Herb, son Bryan, and daughter Heather is 9106 Crystalwood Lane, Richmond, VA 23294.

## Urgent Needs!

As the temperatures start dropping our urgent need is for hats for all ages and anything baby. We have had a special request of chemo (acrylic) hats in dark colors for men.

While these are the most urgent needs we can use anything you want to make.

## Calling all weaving "wanna be's".

From the Heart may have the opportunity to have a weaving loom at the shop for learning and workshops. From the Heart has plenty of suitable yarns for weaving scarves, shawls, pet cozies, etc. Get in touch with Gail if you are interested in using the loom or a workshop.

Gail can be reached at [ragslan@aol.com](mailto:ragslan@aol.com) or 804-347-9747.

Once this is completed, each recipient is called to let them know bags are ready for pick up.

Depending on the amount of yarn that has come in or just how full the collection bins are, these ladies may be on their feet, hard at work for several hours each week. We are so thankful to them for not only taking on these jobs but the organization they have created to eliminate the chaotic conditions of the past.

Be sure to go back to the top and click on view to continue reading the rest of the newsletter.

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## Stop by the Shop

When is the last time you sat, stitched and enjoyed the camaraderie at the shop?

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Gail Patrick is the November Scheduler. Contact her at 804-598-2317, 804-347-9747 or [ragsland@aol.com](mailto:ragsland@aol.com) to volunteer for a shift.

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## Shopkeeping Prize Award

The October winner is Mary Murray.

Please contact the scheduler to get your name in for the November drawing.

Shopkeeping is easy, fun and a great time visit with other stitchers.

Thank you, Mary for all your help; we can't wait to see what you make with your new yarn.

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## Newsletter Highlights

Some of you may remember, quite a few years ago we made an attempt to highlight each of our groups in our newsletters. We asked you to submit a few paragraphs about your group telling us how often you meet, where you meet, how many members you have and maybe a few interesting facts about some (or all) of your stitchers. We didn't receive a very good response to our request back then...but we won't let that stop us! We are asking again, if you will...please send your information by email to Lois at [lois@ftheart.net](mailto:lois@ftheart.net) or by regular mail to Lois Moore, From the Heart, 1425 Crawford Wood Place, Midlothian, VA 23114. Each month we will highlight a group in the order in which the information is received.

This will enable our readers to know what our various groups are up to. Give this your best try, we would greatly appreciate it!

## Volunteer, Help Someone In Need!

According to Webster's dictionary, to volunteer is to offer or to give of one's own free will.

We see this in our members daily in terms of their free offering of the gifts of their time and knowledge. They volunteer with stitches to help others. It is clear that while they are helping others, they are also helping themselves. It is the good feeling we get when we know we have helped keep a homeless person warm. It is the satisfying feeling we get when we offer an outfit to distraught parents facing the burial of their stillborn infant. It is pleasing to see the smiles displayed when one of our little teddy bears is offered to an ill child. When we consider the far reaches of our stitches, once given to a patient who in turn shares their pleasure with family and friends it is definitely mind boggling!

We encourage volunteering. We love that wonderfully warm feeling it gives us. But remember, first, take care of yourself, take care of your family, then go out and help someone in need.

## Friendly Reminder.....

***When leaving the shop...ALWAYS  
LOCK THE DOORS!!!!***

## Donation Inventory Numbers

### Previous Total

Mid 2002 – 2009: 71,805

### 2010

Jan - Sept 13,077

September 1,439

**Year-to Date** 14,516

**Grand Total** 86,321

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## Donations

If you are interested in making a donation to help From the Heart aside from stitched items we can use any of the following items:

Office supplies such as:

- Postage stamps
- Staples
- Rubber bands of various sizes
- White cardstock paper
- Paper clips

Cleaning supplies

Paper towels

Toilet paper

We can always use yarn or cash donations. Remember the website is setup to accept secure monetary donations to make it very easy for you to make a donation.

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## General Stitching Hints & Tips

What is the best advice you ever got for knitting or crocheting? Please email your favorite stitching hint to [pgreswolde@comcast.net](mailto:pgreswolde@comcast.net) so we can get it in the next newsletter.

- When I have one ball of yarn that is intended to make two socks. I use my kitchen scale, which goes up to 2 lbs, and weigh the original ball of yarn. Then I start making a new ball, weighing it as I go until I reach the half-way point in weight. I can check both new balls and adjust until I am sure that I have two equal balls. The very last thing I do is cut the yarn. If you are using the toilet paper roll or something else as a base, weigh it separately and include that in the weight. Barbara Brooke
- Use miniature clothespins that you can buy at the craft store to mark stitches for right side/wrong side or to keep track of how many stitches you have. They work great and don't fall out like paperclips do. They are also easy to take off and put back on, unlike tied pieces of yarn.
- When I am making an item that has a lot of stitches, I place a marker, usually a piece of contrasting yarn, every 20 stitches. This helps me watch my progress and also keeps me from increasing a stitch without meaning to.

## Recycling Ideas

What is your favorite item that you have recycled? Have you found a new use for an otherwise unused item? Please email your favorite hint to [pgreswolde@comcast.net](mailto:pgreswolde@comcast.net) so we can get it in the next newsletter.

- A great way to store your knitting needles is in a tubular box used for holding a bottle of wine. This works especially well for the longer needles. Smaller potato chip cans work great too, just wrap with a sheet of decorative paper.
- Use plastic ice cream buckets as work baskets at home if you usually have several projects going at the same time. When not working on one project, the lid goes on, keeping everything clean and together.

# From the Heart Newsletter

# November 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>1 Park @ Ridgedale 2-4pm</p> <p>Harvest Glen Stitchers 2 - 4 pm</p>	<p>2 Panera Bread Breckenridge Shop Center 10 – noon</p> <p>Martin's Grocery 5:30 – 7:30 pm</p>	<p>3 Colonial Heights Senior Center 10- 12</p> <p>ElmCroft Retirement 1:30 pm</p>	<p>4 The Mall Group @ Chesterfield Towne Center (food court) 9-12</p> <p>Hopewell Library 6-8 pm</p> <p>Panera Bread Midlothian 6:30-8:00 pm</p>	<p>5 Starbucks – Huguenot 11 am 1:30 pm</p>	<p>6 Starbucks Oxbridge Square 10 – noon</p> <p>Atlee Library 1 – 3</p>
7	<p>8 Park @ Ridgedale 2-4pm</p>	<p>9 Chesterfield Heights Community Center 2:00 pm</p> <p>Martin's Grocery 5:30 – 7:30 pm</p>	<p>10 Colonial Heights Senior Center 10-noon</p> <p>Hopewell Library 10 – noon</p> <p>Dinwiddie Library 1:00</p>	<p>11 Chamberlayne Hts United Meth Church 1:30 – 3:00</p> <p>The Ladies of Gayton Terrace 3:30 p.m.</p>	<p>12 Starbucks – Huguenot 11 am -1:30 pm</p> <p>Kay's Krafters 2 –6 pm</p>	<p>13 Atlee Library 10 – noon</p> <p>Louisa Group Hardee's 10 - noon</p>
14 Fun Day 2-5 p.m	<p>15 Harvest Glen Stitchers 2 - 4 pm</p> <p>Park @ Ridgedale 2 – 4 pm</p>	<p>16 Panera Bread Breckenridge Shop Center 10 – noon</p> <p>Martin's Grocery 5:30 – 7:30 pm</p> <p>Tuckahoe Library 6:30 – 8:30 pm</p>	<p>17 Colonial Heights Senior Center 10-12</p> <p>ElmCroft Retirement 1:30 pm</p>	<p>18 The Mall Group @Chesterfield Towne Center (food court) 9-12</p> <p>Hopewell Library 6-8 pm</p> <p>Panera Bread Midlothian 6:30-8 pm</p>	<p>19 Starbucks – Huguenot 11 am 1:30 pm</p>	<p>20 Starbucks Oxbridge Square 10 – noon</p>
21	<p>22 Park @ Ridgedale 2 – 4 pm</p>	<p>23 Chesterfield Heights Community Center 2:00 pm</p> <p>Martin's Grocery 5:30-7:30pm</p>	<p>24 Colonial Heights Senior Center 10-12</p> <p>Hopewell Library 10 – noon</p> <p>Dinwiddie Library 1:00</p>	<p>25</p> <p>Happy Thanksgiving!</p> <p>Shop closed</p>	<p>26 Starbucks – Huguenot 11 am 1:30 pm</p> <p>Kay's Krafters 2 –6 pm</p>	<p>27</p>
28 Fun Day 2-5 p.m	<p>29 Park @ Ridgedale 2 – 4 pm</p>	<p>30 Summerhill Retirement 1:30 - 3:30 pm</p>				

## November 2010

Name	Address	City	Day of Month	Time of Day
Atlee Library	9161 Atlee Rd	Mechanicsville	Saturday 1st	1 - 3 pm
Atlee Library	9161 Atlee Rd	Mechanicsville	Saturday 2nd	10 am - noon
Chamberlayne Hgts Methodist Church	6100 Chamberlayne Rd	Richmond	Thursday 2nd	1:30 - 3 pm
Chesterfield Heights Community Center	901 Madrona Street	Midlothian	Tuesday, every other	2:00 pm
Colonial Heights Senior Center	Roanoke Avenue	Colonial Heights	Wednesday every	10 am - noon
Dinwiddie Library	14103 Boydton Plank Road	Dinwiddie	Wednesday 2nd,4th	1:00 pm
ElmCroft Retirement Group	1000 Twinridge Lane	Richmond	Wednesday 1st, 3rd	1:30 pm
From the Heart	1114 Westbriar Drive	Henrico	Tuesday every	10 am - 2 pm
From the Heart	1114 Westbriar Drive	Henrico	Wednesday every	10 am - 2 pm
From the Heart	1114 Westbriar Drive	Henrico	Thursday every	10 am - 2 pm
From the Heart	1114 Westbriar Drive	Henrico	Saturday every	10 am – 2 pm
Harvest Glen Stitchers			Mondays 1st, 3rd	2 - 4 pm
Hopewell Library	209 E. Cawson Street	Hopewell	Wednesday 2nd, 4th	10 am - noon
Hopewell Library	209 E. Cawson Street	Hopewell	Thursday 1st, 3rd	6 - 8 pm
Kay's Krafters	3105 Three Bridge Road	Powhatan	Friday 2nd, 4th	2 - 6 pm
Louisa Hardee's	881 Jeff Davis Hwy	Louisa	Saturday 2nd	10 am - noon
Panera Bread	12540 Jeff Davis Hwy	Chester	Tuesday 1st, 3rd	10 am - noon
Mall Group	Chesterfield Town Center	Midlothian	Thursday 1st, 3rd	9 am - noon
Martin's Grocery Store	5201 Chippenham Crossing Center		Tuesday every	5:30 – 7:30 pm
Panera Bread	11649 Midlothian TnPk	Midlothian	Thursday 1st, 3rd	6:30 - 8:30 pm
Park at Ridgedale	5001 Ridgedale Pkwy	Richmond	Monday Every	2 - 4 pm
Starbucks	5001 Huguenot Rd	Richmond	Friday Every	11 am-1:30 pm
Starbucks	10009 Hull Street Rd	Richmond	Saturday 1st, 3rd	10 am - noon
Summerhill Retirement Center	3158 Lake Village Drive	Richmond	Tuesday Last	1:30 - 3:30pm
Tuckahoe Library	1700 Parham Rd	Henrico	Tuesday 3rd	6:30 - 8:30 pm